

North Queensland Zone Incorporated

ABN 64 460 160 637

E nqzoneaocra@outlook.com W www.aocra.com.au/nqzone



Proudly presents

Grand Prix Regatta (2025) - Round 3

RACE PROGRAM AND MAPS ONLY

to be read in conjunction with the

AOCRA Rules April 2024
and NQ Zone Matters for Attention 2024

Saturday 21 June 2025

to be held at

Freemason's Pallarenda Park

2 The Esplanade, Pallarenda QLD 4810



PROUDLY SUPPORTED AND FUNDED BY THE FOLLOWING ORGANISATIONS





The Queensland Government provide funding and assistance to increase Queenslanders participation in sport and recreation activities.



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IMPORTANT NOTICE

- The Race Program will run on time, or at the discretion of the Race Director. Please be ready for your event. The Race Director will not wait for crews who do not make getting to the START LINE of High Importance.
- If less than 3 nominations are received for a division, CSOCC may delete this from the schedule of events. An age division may be merged up (excluding open division) if insufficient nominations are received to race the division itself (minimum of 3 to proceed).
- Please note that races may be brought forward on the day so please notify all competitors that it is important to listen for changes over the PA system.
- Clubs must provide adequate canoes for competitors in each division.
- All canoes are required to carry one PFD per paddler and must be easily accessible.
- It is the responsibility of the individual to ensure that their equipment is of a safe and suitable standard
- Always be SunSmart.
- Remember, if it is stinger season you should wear appropriate clothing.
- Bad behaviour will not be tolerated and may lead to disqualification.

RACE DIRECTOR

Darren Wall
P - 0409 444 809
E - coralsea.occlub@gmail.com

RACE COORDINATORS

Elizabeth Power / Tracey Cox P – 0411 047 669 E – coralsea.occlub@gmail.com







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THE VENUE

The regatta will be held at:

Freemason's Pallarenda Park

2 The Esplanade, Pallarenda, QLD 4810

PARKING

Parking for competitors and spectators is available at the carpark directly adjacent to the regatta site, as well as street parking to the north of the site. Please avoid parking on the grass in the park.

TRAILER PARKING

Trailer Parking is available in the adjacent Boat Ramp Trailer Park area (about 50mtrs from the regatta site), as well as along the roadside, north of the regatta site.

REFRESHMENTS

CSOCC is proud to support local business. Food and drinks will be available to purchase from providers on the day.

PRESENTATIONS

We appreciate that many paddlers will be competing in the Magnetic Island race the following day. Presentations will be held at the regatta site throughout the day and following the completion of events as per the program, to avoid keeping you up past your bedtime and getting that much needed rest for the next day's racing.

COVID SAFE EVENT

Please DO NOT attend if you have a fever, cough, sore throat, runny nose, or shortness of breath. Competitors & Visitors are to adhere to Queensland Health regulations regarding COVID-19 at the time of this event. Please maintain social distancing, sanitize your hands & equipment frequently so that we can all continue to enjoy paddling.







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ACCOMMODATION

For suitable accommodation options please book direct:

Beach House Motel

Address: 66 The Strand, North Ward QLD 4810

Phone: (07) 4721 1333

Email: <u>info@beachhousemotel.com.au</u>
Website: <u>www.beachhousemotel.com.au</u>

Aquarius

Address: 75 The Strand, North Ward QLD 4810

Phone: (07) 4422 0838

Email: <u>res@aquariusonthebeach.com.au</u>
Website: <u>www.aquariusonthebeach.com.au</u>

Tasman Holiday Parks Rowes Bay

Address: 46 Heatleys Parade, Belgian Gardens QLD 4810

Phone: 1800 751 845

Website: https://tasmanholidayparks.com/au/rowes-bay/

Shore Drive Motel

Address: 117 The Strand, North Ward QLD 4810

Phone: (07) 4771 6851

Email: <u>reservations@shoredrive.com.au</u>
Website: www.shoredrive.com.au







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NOMINATION FEES

We recognise the current cost of living pressures for families and have again adjusted our regatta fees to make racing more affordable for our paddling family.

NOMINATION FEES		Senior Paddlers	Juniors Paddlers		
OC6 Sprints	Per Crew Per Division Per Event	\$78	Α ΦΩΓ [[
OC6 Marathon	Per Crew	\$90	A \$25 fee for all Junior Paddlers participating in Junior Events ONLY		
Unity Challenge	6 Seniors & 4 Juniors	\$78			
OC1 / V1	Per Paddler Per Division Per Event	\$13	JULIIOI EVELIIS OINLI		

CLUB NOMINATIONS

All clubs must lodge a "CLUB NOMINATION" with payment, performed online, at www.aocra.com.au

Individuals wishing to compete in an OC1/2 event can lodge a "NOMINATION" with payment by credit card, click on Race Registration at www.aocra.com.au

All nominations close two weeks prior to the regatta, 5pm Friday 6 June 2025

LATE NOMINATIONS WILL NOT BE ACCEPTED







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TEAM AND INDIVIDUAL NOMINATIONS

The name of individuals eligible to paddle in each race in each division must be lodged online at www.aocra.com.au no later than 5pm Friday 6 June 2025

Registrars, please submit your Webscorer file by Friday 6 June 2025

If less than 3 nominations are received for certain divisions, CSOCC may delete these from the schedule of events.

Age divisions may be merged up (excluding Open Division) if insufficient nominations are received to race the division itself.

When Nominating for OC6 events, clubs need to indicate:

- which individuals are in each crew for the upcoming race
- the canoe number

When Nominating for OC1/2 events, Individuals need to:

- confirm the division
- indicate individual/s paddling
- indicate the canoe number

Registrars will be sent a **Webscorer** loading tool to complete with your Clubs' nomination details. <u>Webscorer</u> is an Integrated Platform for event registration, race timing, results and GPS tracking. This allows for a more accurate and streamlined way to upload information for racing from all clubs.

Key dates:

- 28 May Webscorer tool sent to club registrars
- 6 June Nomination portal is CLOSED on AOCRA website
- 6 June Webscorer tool due back to Race Coordinator
- 17 June Webscorer start lists published for public viewing
- 21 June Event takes place







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CANOE NUMBERING AND WEBSCORER

New NQ Zone issued canoe numbers only are permitted for all racing craft. These can be sourced through your NQ Zone Home Club.

Nominations from outside the NQ Zone are permitted to use existing numbers. If you are registering from outside the NQ Zone, please ensure your canoe number is included in the notes section of the online form.

NQ Zone registrars are encouraged to use the **Webscorer** Loading Tool, to assist in capturing all racing information from your club, including for those events which have been purchased by members. This tool will be sent to registrars when nominations close.

Registrar information is required back by **Friday 6 June**, to allow for early population of **Webscorer** and for start lists to be published online for paddlers to view and check.







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REGATTA RACE PROGRAM (1/2)

Saturday 21 June 2025

Sunrise: 6.45am | Sunset: 5.43pm

High Tide: 5.29am (2.80m) | Low Tide: 11.56am (0.68m) | High Tide: 6.38pm (3.13m)

Time	Race No.	Event	Distance
6.15		Blessing	
6.30		Race Briefing: All Short Course Sprint Events	
7.15	1	OC6 – Master & Senior Master Men	500m
7.25	2	OC6 – Master & Senior Master Women	500m
7.35	3	Juniors – OC6 (Minnows, 12U and 14U) Mixed	250m
7.45	4	Juniors – OC6 (16U and 19U) Mixed	500m
7.55	5	OC6 – Golden & Platinum Men (combined teams) OC6 – Golden and Platinum Women (combined teams)	500m
8.05	6	OC2 – Junior 12U (boys; girls; mixed) OC2 – Junior 14U (boys; girls; mixed)	250m
8.15	7	OC1 – Junior 16U (boys; girls) OC1 – Junior 19U (boys; girls)	500m
8.25	8	OC6 – Open Men OC6 – UL Open Men	500m
8.35	9	OC6 – Open Women OC6 – UL Open Women	500m
8.45	10	OC2 – Junior 16U & 19U (boys; girls; mixed)	500m
8.55	11	OC1 – Junior 12U & 14U (boys; girls)	250m
9.10	12	OC6 - Golden Mixed & Platinum Mixed	500m
9.20	13	OC6 – Senior Master Mixed	500m
9.30	14	OC6 – Master Mixed	500m
9.40	15	OC6 - Open Mixed	500m
10.00		Break for Senior & Junior Presentations	
10.30		Race Briefing: 8km Senior & 3km Junior Marathons	







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REGATTA RACE PROGRAM (2/2)

Saturday 21 June 2025:

Sunrise: 6.45am | Sunset: 5.43pm

High Tide: 5.29am (2.80m) | Low Tide: 11.56am (0.68m) | High Tide: 6.38pm (3.13m)

Time	Race No.	Event	Distance
10.50	16a	8km Senior Marathon OC6 Men – U19, Novice, Open, UL Op, Master, Snr Master, Golden & Platinum	
10.55	16b	OC6 Women – U19, Novice, Open, UL Op, Master, Snr Master Golden & Platinum	
12.15	17	3km Junior Marathon OC6 Junior – U12, U14 & U16 (boys, girls, mixed)	3km
1.00	18	OC1 / V1 – Senior Master Men OC2 – Master Women	500m
1.10	19	OC1 / V1 – Golden / Platinum Master Women OC1 / V1 – Senior Master Women OC2 – Open Men	500m
1.20	20	OC1 / V1 – Master Women OC2 – Open Women OC2 – Senior Master Men OC2 – Golden / Platinum Master Men	500m
1.30	21	OC1 / V1 – Master Men OC2 – Senior <mark>Master Wo</mark> men	500m
1.40	22	OC1 / V1 – Novice Men OC2 – Novice Women OC2 – Master Men	500m
1.50	23	OC1 / V1 – Golden / Platinum Master Men OC2 - Golden / Platinum Master Women	500m
2.00	24	OC1 / V1 – Novice Women OC2 – Novice Men	500m
2.10	25	OC1 / V1 - Open Men	500m
2.20	26	OC1 / V1 - Open Women	500m
2.35		Race Briefing: Club Unity Challenge	
2.45	27	Club Unity Challenge OC1 (junior) → OC6 (mixed) → OC2 (mixed) →OC1 (senior)	1.50km per leg
3.45		Presentations	
4.30		That's a Wrap!	





NQ OUTRIGGERS

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SHORT COURSE DASH

- This event will not be running V3 or Senior Divisions Mixed OC2 categories.
- Unlimited divisions will be running in the OPEN divisions only.

SENIOR OC6, OC1

- All senior divisions, including novice, will complete 500m Course.
- Women & Men categories medals awarded for 1st, 2nd and 3rd in divisions.
- Only divisions listed in the program will be awarded medals.
- If less than 3 nominations are received for certain divisions, CSOCC may delete these from the schedule of events.

JUNIOR U16 AND U19

- U16 and U19 junior divisions will complete a 500m Course.
- Medals will be presented for 1st, 2nd and 3rd in Juniors.

JUNIOR U14 AND U12

- 12U & 14U will complete a 250m Course.
- A Senior member will paddle out to start these young paddlers mid-course.
- Medals will be presented for 1st, 2nd and 3rd in Juniors









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8KM SENIOR (INC. U19) MARATHON

You said you want a small marathon just before the TOCC 37km event the following day as a little warm up? We heard you, paddlers! Here it is!

From the **starting line just off the beach** and in between the buoy and anchored start boat, paddlers with paddle out **4km** to a turning buoy then, while giving each other "racing room", make an **ama turn** and return on what should be a reasonably good surf leg back to the finish line (represented again by marker buoy and anchored boat – **your craft must finish between the buoy and boat**)









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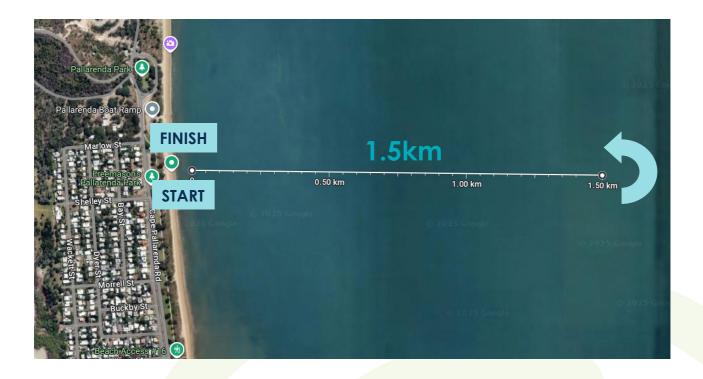
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3KM JUNIOR (U12, U14 & U16) MARATHON

Here's a little bit of Marathon fun for the Juniors too! 193

From the **Starting line just off the beach** and in between the buoy and anchored start boat, paddlers with paddle out **1.5km** to a turning buoy, make an **ama turn** and return on what should be a reasonably good surf leg back to the finish line (represented again by marker buoy and anchored boat – **your craft must finish between the buoy and boat**).







NQ OUTRIGGERS

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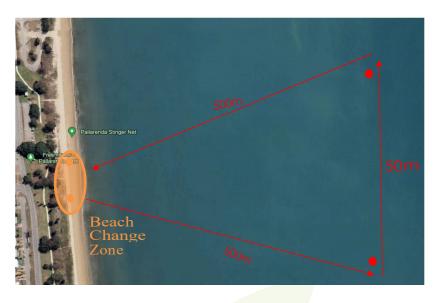
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CLUB UNITY CHALLENGE

This event is designed:

- to provide an empowering opportunity for juniors to race with their club seniors in a relay style event;
- as an all-inclusive event which relies on team spirit, club morale and depth in membership for competition;
- to safely allow juniors to compete side by side with senior members of their own club.



Leg 1: OC1 will be a junior paddler (senior can accompany/escort on a separate craft). This leg may be shortened on the day based on conditions.

Leg 2: OC6 crew must contain: 4 senior paddlers (two men + two women) and 2 junior paddlers (any aged or gender)

Leg 3: OC2 crew must contain 1 senior paddler and 1 junior paddler.

Leg 4: OC1 will be a senior paddler.

Each leg (1.5km in total) will take an anticlockwise triangle course commencing and finishing on the beach.

No Senior individual or Junior over 16 can participate in more than one leg.

Finishing paddlers must run 10m up the beach to "tag" the next team/paddler to start the next leg.

All members of the team must be from the same club.

Medals will be presented to 1st, 2nd, and 3rd.







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OTHER IMPORTANT MATTERS...

- Dependent upon numbers in each event, Heats maybe required and as such Heat 1, Heat 2 and Finals will be held. The Club will advise at the briefing, should this be required or occur.
- All events will be marshalled on the beach, and crews will paddle to the start line together when instructed, to avoid congestion and confusion at the start line.
- Canoes must position themselves behind the start line in readiness for starting sequence.
- Canoes must start between the buoys on the end of the 500m short courses as indicated by following maps.
- 250m courses start line will be set by watercraft and canoes start behind those crafts.
- Starting flag sequence (including BLACK flag) will be per AOCRA rules. Please note time sequences will be at the Race Directors discretion and may be kept to a minimum.
- Should all participating canoes present a fair and good race start line then
 we won't keep you any longer than we must.
- Flags will be either in a stationary vessel or based off the headland within full view of the starting line.
- Canoes must finish between the buoys at the other end of the course as shown by the maps, and as per briefing.

Coral Sea Outrigger Canoe Club would like to thank our sponsor Design Lab 23.

Design Lab 23 specialises in full Business Branding, design and production of Brochures, Annual Reports, Magazines, Books, Corporate Stationery, Press Ads, Flyers, Sportswear, Apparel Design, Signage and so much more

Contact Lian today at lian@designlab23.com.au





